







# 11

## Circuit des curistes

A short easy circuit starting from the park, passing by magnificent villas from the past century as well as the bucolic banks of the Vernon stream.

Distance	Cumulative climb & descent	Time to walk circuit	Effort	Technicality	Risk
 6,2km	 100m	 2h00			

FFR rating system - See last page

*As this circuit passes through two municipalities, the signpost colour changes according to the municipality concerned. **Blue** for Saint-Martin d'Uriage, **purple** for Vaulnaveys-le-Haut.*

**▶ Departure** → Uriage Tourist Office with parking nearby.

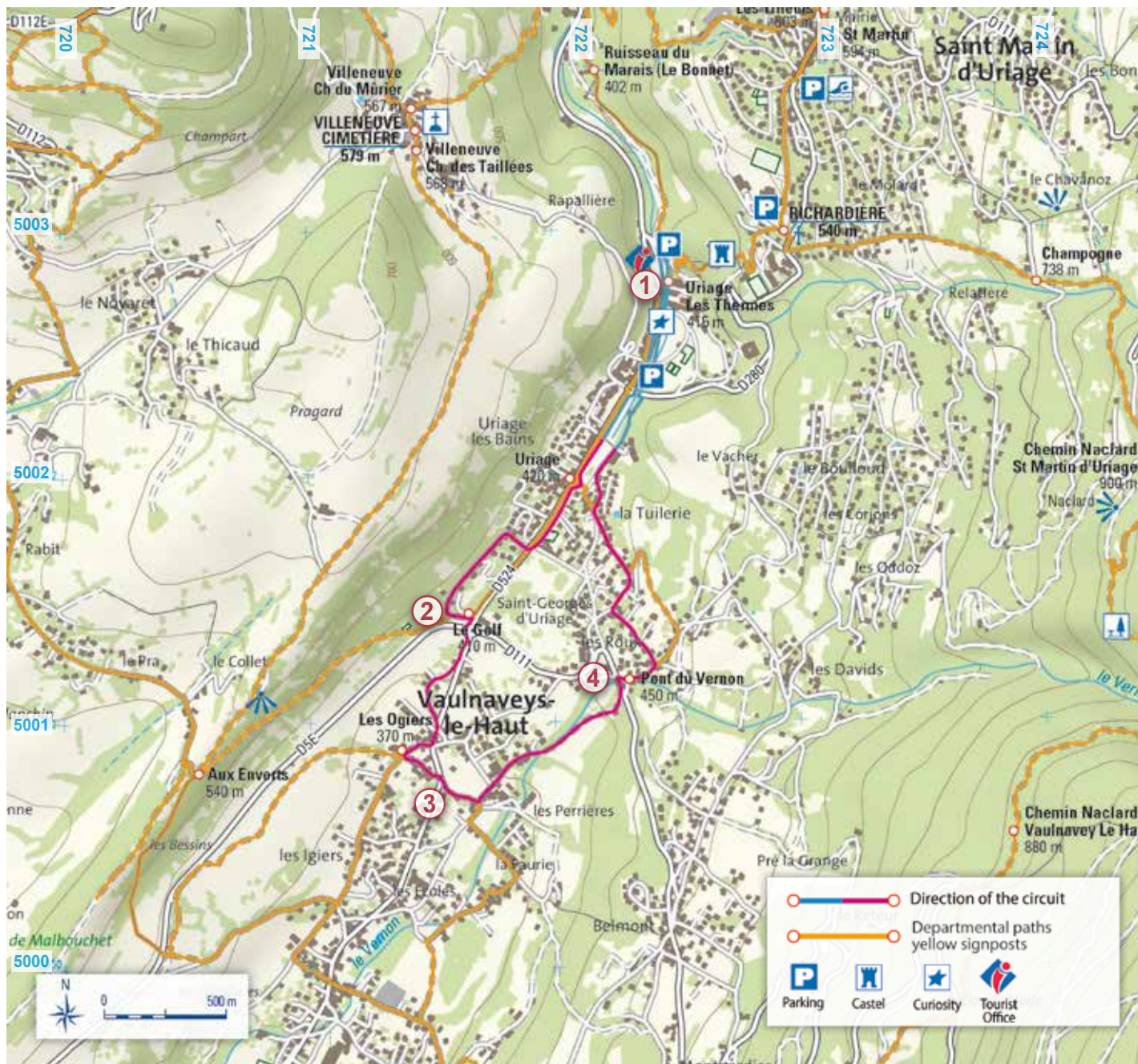
- ① **Blue then purple markings** → Pass in front of the casino then cross the road to admire the beautiful fountain of the goddess Hygieia. Walk along the pedestrian area in front of the shops then cross the road to walk alongside the park. At the first roundabout cross over and continue straight on to the second roundabout. Continue straight on again and cross the road on the crossing in front of the new building just before the golf course. Continue walking away from Uriage for a few metres until turning right into chemin des Alberges. Walk past the beautiful early twentieth century houses to the crossroads of the Chemin de la Métallerie.
- ② **Purple marking** → Turn left towards main road (behind Fire station), then go right and cross the roundabout descending towards Vaulnaveys-le-Haut. Follow the road for 100 m then turn right onto a narrow path that leads to Chemin des Abeilles (Path of the Bees.) Follow chemin des Abeilles until it returns to the main road. Turn right for 50 m along the main road before turning right (in front of the café "Au p'tit troquet," onto the chemin des Bargeonniers. On arriving at a crossroads, turn left onto chemin de la Tour and follow it to the main road.
- ③ **Purple marking** → Cross the road onto chemin des Combes. After 150m., turn left onto chemin des Perrières to arrive at the pretty bridge over the Vernon. Cross the bridge and follow chemin des Durands to turn left onto the Prémol road for 30m before crossing the Vernon again.



- ④ **Purple and blue markings** → Take the small road on the right called chemin des Roux. Follow it to the chemin des Blancs on the left. At the end of chemin des Blancs turn right onto chemin Saint-Georges and follow it to the route du Prémol where you'll immediately turn right onto a very small path leading to the chemin de Mourachat and arrive at the Park.

Turn right onto the impasse de la Carrière, following the edge of the park. You'll follow the signs of circuit N° 1 (Le Bit, blue marking) only for this last part, to walk through the park to the starting point. When you arrive at the small bridge in the park, look out for the three bell towers (those of the Thermes, old electricity factory and the chateau), which are mysteriously aligned!





The blue crosses correspond to the UTM-WGS84 kilometric grid - Mogoma map

In and around Uriage, many rural paths have been restored and incorporated into circuits of varying difficulty and length. Some can be walked in half a day, others take longer. They may be interesting for their views, for nature or for local heritage. Most are in the forest in a wild environment, despite the nearby urbanisation. Trail runners will be quick to realise that these circuits can be combined to create alternative routes to suit every level of runner.

Please respect nature and leave no trace of your passing. Nature will thank you!  
 Don't over-estimate your capabilities - these circuits are, after all, hiking trails.  
 Please help us maintain our circuits by reporting any work which needs to be done.

[ [asso-des-sentiers-de-smu.eklablog.com](http://asso-des-sentiers-de-smu.eklablog.com) ]

## Rating system of the FFR\*

To rate the difficulty of a hike, three characteristics are graded from 1 to 5



**Effort** - the length and climb involved in the hike



**Technicality** - need to use hands or place feet carefully



**Risk** - consequence of a fall

\*Fédération Française de Randonnée pédestre

## The Signposts

7

Circuit number

7a

Circuit variation number



Direction to follow



Continue



Alternative route



Turn right



Turn left



Wrong direction

The editor and author of this document cannot under any circumstances be held responsible for any incident or accident which may occur on the hike, no matter how it occurs.

In an emergency call 112  beware signal dead zones

# Uriage

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